



MONARCH
COSMETIC TATTOO

AFTER-CARE Instructions

First 4 hrs. after procedure: Use Pads (4 per pkg) - 1 for 2 brows (gold sealed package)

Wait 1 hr. & use 1 pad every hour. Pat each brow with 1 pad. Helps minimize inflammation & scabbing.

First Week:

- Wash your hands **FIRST**. Using your finger **ONLY**, wash brows twice a day with baby shampoo or mild soap & tepid water going in a gentle circular motion. **PAT DRY! DO NOT RUB!**
- Apply a **VERY THIN** layer of Tattoo Goo (green label) w/new Q-tip or applicator 4 times a day (breakfast, lunch, dinner & before bed.)
- **REMEMBER:** Washing prevents bacteria from collecting and the very thin layer of aftercare ointment still allows the skin to breath which promotes healing. Above all else keep the area clean!
- **AVOID** product build up on the brows. This is why washing twice a day is **IMPORTANT**.

Day 3-4: When the scab starts to appear, do not wipe - only pat dry; **BE GENTLE!** Scabs will come off in their own time.

Week 2 or 3: After the procedure is completely healed, you may go back to your regular cleansing, makeup routine & wearing sunblock to prevent fading of pigment. Avoid scrubbing the area.

FOR LIPS ONLY: Use Aquaphor to keep the tattoo protected while it heals and to soothe any discomfort such as itching or dryness. Avoid applying lip balms, lipstick, or other lip products during this time. Apply Aquaphor every 30-60 minutes for the first week to keep lips from drying out.

AVOID touching any tattooed area with your hands. Apply all recommended products with Q-tips/applicator **ONLY**. If you must touch an unhealed tattooed area **WASH YOUR HANDS!**

NO Petroleum products & oils. (yes, Aquaphor and A & D have petrolatum in them) **THEY CLOG PORES!**

DO NOT:

- Scrub, rub, or pick at the epithelial crust that forms. Allow it to flake off by itself. If it is removed before it is ready, the pigment underneath it can be pulled out.
- Use any makeup on the tattooed area for at least 7 days.
- Use any Retin-A, Glycol Acids, or Neosporin in the tattooed area during or after healing.
- Expose area to sun or tanning beds.
- Swim in a pool, hot springs, hot tub for 14 days after your procedure.

WHAT IS NORMAL: 😊

- Mild swelling, itching, light scabbing, light brushing and dry tightness. Ice packs are a nice relief for swelling and bruising. Aftercare ointments work well for scabbing and tightness.
- Too dark and slightly uneven appearance. After 2-7 days the darkness will fade, and once any swelling dissipates, unevenness usually disappears. Adjustments will be made during the touch-up appointment.
- Color change or color loss. As the procedure area heals, the color will lighten and sometimes seem to disappear in places. This can be addressed during the touch up appointment, which is why touch up appointments are necessary. The procedure area has to heal completely before we can address any concerns. Healing takes about 4 weeks.
- Needing a touch up months later. We recommend the first touch up 4-12 weeks after the first session, then 1-3 years thereafter. Your skin & aftercare will determine your touch-up frequency and it will keep your tattoos looking fresh and beautiful! If most hair strokes have faded, the entire procedure will need to be repeated. An email photo consultation (or in person consultation) may be necessary to determine if you need a touch up or a repeat of the same procedure.

If an adverse reaction or infection develops at the site of your tattoo, contact your personal physician for treatment and report to SNHD Special Programs at (702) 759-0677.

CAUTION:

If the skin around the tattooed area breaks into a heat rash, or small pimples, this is usually a reaction to the numbing solution and should go away on its own in a couple of weeks. Please do not pick at it! Call immediately if this occurs so a technician can make a note of the reaction and follow up to ensure this is not a more serious situation!

Mandatory Treatment Service must be scheduled to retouch color or fading within 4-12 weeks. Fees charged according to touch-up time frame. Please see website for pricing.

TOUCH UP

4-12 week touch up -- Once the skin is healed it will be time for a touch up. Fact: The more mature the skin the slower the cell turnover rate. TOUCH-UPS are scheduled accordingly based on age & skin type.

20-25 = 4-5 weeks

25-40 = 6-7 weeks

30-55 = 7- weeks

55+ = 8 weeks or later

STAGES OF THE HEALING PROCESS

Throughout the brow healing process, you will go through multiple stages of healing. The skin is an amazing organ to let it do what it does best and HEAL 😊 Give your brows a **MINIMUM OF 28 DAYS TO HEAL** (MATURE SKIN CAN TAKE **UP TO 45 DAYS** to see the full result)



Day -1 LUV IT STAGE - The skin will heal over the brows so it will look very bright.

Day 2-5 NOT SURE ABOUT THIS STAGE - Too dark & uneven. Pigment begins its oxidation phase and pigment get darker because it is laying on top of skin/strokes. Strokes can “appear” blended together. Skin cell turnover is in full



swing so skin starts to dry/scab.

Day 5-10 LEOPARD STAGE - The brows become dry, flaky as skin & pigment start sloughing off. As the flaky/slough happens it may look like the pigment is gone BUT it is NOT. Pigment is still in the lower layers of the skin & as skin cell turnover continues the pigment will rise to the upper layers to its final resting place. AGAIN...**TRUST THE**



PROCESS!

Day 10-15 GHOSTING STAGE -Your brows look like they are gone. Remember the pigment is still traveling up to the outermost layers of the epidermis where it will then be fully visible. **DO NOT PANIC.** It was deep enough and yes, the pigment did take. Healing is from inside out so the full reveal is when the final push of pigment reaches the top.



TRUST THE PROCESS PLEASE!

Day 15-30 THEY'RE BACK! The cells have now turned over and the pigment is pushed back to the outermost layers. The dry dead skin on the surface has also fully sloughed and pigment appears brighter. Yes, some areas can be



lighter than others and the touch up will even out the pigmentation and complete the look.

READ THIS & UNDERSTAND THIS COMPLETELY **DISCLAIMER**

HEALED RESULTS WILL VARY FOR EACH CLIENT
USING A PENCIL OR POWDER MAY STILL BE NEEDED

COSMETIC TATTOOING IS AN ART & A SCIENCE, MEANING...
WE DO NOT HAVE ANY CONTROL OVER WHAT HAPPENS DURING THE HEALING PROCESS
THIS IS 100% YOU AND YOUR BODY'S JOB

EVERYONE HEALS & ACCEPTS PIGMENT DIFFERENTLY
EVEN WHEN FOLLOWING THE AFTERCARE...
FADING, BLURRING OR POOR RETENTION CAN OCCUR
DEPENDING ON YOUR SKIN, BODY CHEMISTRY & LIFESTYLE

____ (Client initials) *I have read and understand the aftercare instructions (6 pgs). If I have any questions or concerns regarding these instructions I will call (702) 802-9634. I acknowledge that how I follow these aftercare instructions and my own body chemistry has a direct effect on the outcome and results of my treatment.*

_____ **PRINT YOUR NAME (Client) LEGIBLY**

____ (Artist initials) *I, Sherene Zegler, attest that I have reviewed these aftercare instructions with above client & have answered any/all questions.*

CLIENT COPY Pgs 1-4

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ARTIST COPY LAST PAGE